

AHED - Advanced Health Education
Rua Manuel Joaquim Avelar, 118 - Piso 2
2750 - 421 Cascais
phone +351 911 191 954
info@ahed.pt >> ahed.pt



MULTIPROFESSIONAL CARE
INTEGRATION CHALLENGES

TINNITUS / FROM DIAGNOSIS TO TREATMENT

21-118 *ONLINE SERIES*



Advanced
Health
Education

by NOVA Medical School



TINNITUS / FROM DIAGNOSIS TO TREATMENT

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COURSE COORDINATORS Haúla Faruk Haider, MD, PhD
João Paço, MD, PhD

COURSE PRESENTATION

Tinnitus is a symptom involving the perception of sound in the ears or head, without a corresponding external acoustic stimulus. It has a major impact on quality of life of the affected person.

The prevalence of tinnitus in adult population is around 10% to 15% and rises to 59 to 86% whenever there is associated hearing loss. In 20% of people tinnitus has a significant impact on their quality of life, with repercussions for sleep, concentration, emotional stability, and social activities.

Tinnitus can be associated to a variety of medical conditions, otological or non-otological, and in nearly 30% of cases is considered idiopathic.

Currently, its diagnosis and monitoring are based on subjective audiometric and psychometric measures. There are no objective methods for tinnitus identification. In addition, the pathophysiological mechanisms underlying tinnitus remains unknown.

Although there are multiple treatment options for tinnitus management most of them lack scientific evidence-based confirmation. Cognitive behavioral treatment (CBT) is the modality that shows highest evidence for clinical efficacy.

This course will provide insight regarding tinnitus multifactorial etiology and the most important steps for its diagnosis and treatment. Will help us to understand the crucial role of multidisciplinary approach for treatment, personalized whenever possible.

LEARNING OBJECTIVES >> KNOWLEDGE AND SKILLS TO DEVELOP

- 1 Learn auditory system anatomical implications on tinnitus generation.
- 2 Learn the most relevant steps on tinnitus patient clinical evaluation
- 3 Understand which audiological exams are essential for tinnitus evaluation.
- 4 Understand the correlations between genetics, tinnitus and hearing loss and
- 5 Learn the mutual effects of Sleeping disturbances and tinnitus
- 6 Learn how to diagnose somatosensorial tinnitus
- 7 Learn the detrimental influence of psychologic syndromes on tinnitus course
- 8 Learn about different psychological, instrumental and pharmacological approaches for tinnitus treatment

TARGET AUDIENCE

Doctors and residents of Otolaryngology, maxilo-facial, Dentists, Psychiatrists, Neurologists, Psychiatry, Physiotherapists, Psychologists and Audiologists.

ADMISSION CRITERIA

- > Curriculum vitae - proof of professional practice in the mentioned specialties

ATTENDANCE REQUIREMENTS

100% attendance is mandatory for issuing attendance certificate and CME credits and/or ECTS

Min ATTENDEES

> 30

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AGENDA

2021 / SEPTEMBER

SEP 14TH

SESSION 1 - RECORDED (30M)

Anatomy and physiology of auditory system

Nuno Trigueiros

SESSION 2 - RECORDED (30M)

Tinnitus Pathophysiology

Agnieszka Spezeck

SEP 28TH

SESSION 5 - RECORDED (30M)

The importance of Tinnitus standardization

Deborah Hall

SESSION 6 - RECORDED (30M)

Tinnitus, genetics and hearing loss

Helena Caria

OCT 12TH

SESSION 9 - RECORDED (30M)

Somatosensorial Tinnitus

André Almeida

SESSION 10 - RECORDED (30M)

Tinnitus and psychologic syndromes

Sara F. Ribeiro

SESSION 11 - RECORDED (30M)

Tinnitus and neurologic syndromes

João Lemos

SEP 21ST

SESSION 3 - RECORDED (30M)

Tinnitus classification and Clinical evaluation of tinnitus patient

Haúla Haider

SESSION 4 - RECORDED (30M)

Audiological tinnitus evaluation

Haúla Haider

OCT 5TH

SESSION 7 - RECORDED (30M)

Tinnitus and vertigo

Maria Manuel Henriques

SESSION 8 - RECORDED (30M)

Tinnitus and sleeping apnea

Cristina Caroça

OCT 16TH

@ HOSPITAL CUF TEJO

9:00 AM - 12:00PM

LIVE ROUND TABLES

Talking Therapies

Vasco Oliveira

Sound Therapies

Mari Rosberg

Pharmacologic Therapies

Nuno Trigueiros

Somatic Treatments

Paula Moleirinho Alves and Pedro

Cebola

Other therapies and Future

Perspectives

Derek Hoare

All recorded sessions will be available from the dates referred on the program until three months after the end of the course.

All live sessions will be recorded and will be available two days after the date of the session.

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FACULTY

- > Agnieszka Szczepek , PhD
- > André Almeida , MD
- > Cristina Caroça, MD, PhD
- > Deborah Hall, PhD
- > Derek Hoare , PhD
- > Diogo Ribeiro, PhD student
- > Haúla Haider, MD, PhD
- > Helena Caria , PhD
- > João Lemos , MD, PhD
- >
- > João Paço, MD, PhD
- > Mari Rosberg , MSc
- > Maria Manuel Henriques, MD
- > Nuno Trigueiros , MD, PhD
- > Paula Moleirinho Alves, PhD student
- > Pedro Cebola , MD
- > Sara F. Ribeiro, MSc
- > Vasco Oliveira , PhD

CREDITS >> 1 ECTS

DURATION >> 9 HOURS

PRICE >> 200€

INCLUSIONS AND EXCLUSIONS IN PRICE

The price published for each course includes teaching fees, certificate of attendance, and materials used during the course. The price of the course doesn't include any other items unless specifically mentioned. Prices of courses published by AHED are exempted of VAT. Other items priced by AHED apart from courses may however include VAT.

APPLICATION, ADMISSION AND REGISTRATION

When applying for a course at AHED – Advanced Health Education, the applicant subjects personal and professional data that will be verified and assessed to check that admission criteria for that specific program are met. Once an application is approved, registration in the course is admitted and will require payment of the price published for the course.

APPLICATION FEES

Application fees are as follows:

- 100 € for courses priced above 1000 €
- 50 € for courses priced below equal to 1000 €

Application fees are non-refundable.

COURSE REGISTRATION FEES

The registration stage is considered completed when the total price of the course is received by AHED.

PAYMENT OPTIONS

Payment options for application and registration include credit card (Visa, MasterCard), wire transfer in Euro, and Multibanco.

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EARLY BIRD

Application fees will be discounted from the course price for registrations completed 90 calendar days before the date of the course.

For additional information, please go to in Terms and Conditions at ahed.pt

APPLICATION DEADLINE >> SEPTEMBER 11TH 2021

INSTITUTIONAL PARTNERSHIPS



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